

Complementary and Alternative Health Care Client Bill of Rights

Health Perspectives LLC 213 Van Buren Ave N, Hopkins, MN 55343 (952-454-8573)

Mary F Baker, RN, has a Master of Nursing degree in Psychosocial Nursing and a Certificate in Integrated Therapies and Healing Practices: Health Coaching from the Center for Spirituality and Healing at the University of Minnesota, Minneapolis, MN. She has completed Professional and Advanced training at the Center for Mind-Body Medicine in Washington, DC. She has a Full Circle Enneagram certificate.

THE STATE OF MINNESOTA HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY. Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis from a licensed physician, chiropractor, or acupuncture practitioner, or services from a physician, chiropractor, nurse, osteopath, physical therapist, dietitian, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provider, the client may seek such services at any time.

- I work independently and do not have a supervisor. I seek to personally resolve any complaints you may have to our mutual satisfaction.
- You have the right to express concerns or file complaints with: Office of Unlicensed Complementary and Alternative Health Care Practice, Minnesota Department of Health, Health Occupations Program, PO Box 64975, St Paul, Minnesota 55164-0975. 651-282-3823
- Fees: Health coaching is provided at the rate of \$75.00 per hour, due at the time of service by cash or check. I do not participate in any health plans, including Medicare and Medicaid. You have a right to reasonable notice of changes in services and/or charges.
- Health Perspectives LLC uses a holistic approach to coaching so that the client moves toward greater personal integration and growth. Physical, emotional, mental, social, and spiritual aspects of life may be explored at the client's choice. Self-care, especially during life transitions, is emphasized. Options and resources are offered. Working together, plans are created, supported, and modified as needed.
- You have the right to complete and current information concerning the health coaching assessment and recommended service which, including the expected duration of service.
- You may expect courteous treatment and to be free from verbal, physical, or sexual abuse.
- Your records and all transactions with the health coach are confidential, unless release of these records is authorized in writing by you, or otherwise provided by law.
- You have the right to access and read your records in accordance with section 144.292.
- Other health coaches are available in the community. You have the right to choose freely among them and to change practitioners after services have begun.
- If you change health coaches, you have the right to my assistance in coordinating this transfer to another practitioner.
- You have the right to refuse health coaching at any time.
- You may assert the above mentioned rights without retaliation.

I have received the Complementary and Alternative Health Care Client Bill of Rights.

Signature: _____ Date _____